



## RAPID-Heat Heating Pad®

Models:

MH6100F-A MH6100F-B  
MH6101F-A MH6101F-B

### IMPORTANT SAFETY INSTRUCTIONS DO NOT DESTROY

**DANGER: TO REDUCE RISKS OF BURNS, ELECTRIC SHOCK, FIRE, AND PERSONAL INJURY, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:**

1. READ ALL INSTRUCTIONS.
2. DO NOT USE WHILE SLEEPING.
3. DO NOT USE ON AN INFANT OR ON AN ANIMAL.
4. THIS PAD IS NOT TO BE USED ON OR BY AN INVALID, A SLEEPING OR UNCONSCIOUS PERSON, A PERSON WITH DIABETES, OR A PERSON WITH POOR BLOOD CIRCULATION.
5. DO NOT USE ON AREAS OF INSENSITIVE SKIN.
6. BURNS CAN OCCUR REGARDLESS OF CONTROL SETTING. CHECK SKIN UNDER PAD FREQUENTLY.
7. DO NOT USE IN AN OXYGEN ATMOSPHERE.
8. DO NOT USE PINS OR OTHER METALLIC MEANS TO FASTEN THIS PAD IN PLACE.
9. DO NOT BUNCH, SIT ON OR AGAINST OR CRUSH PAD-AVOID SHARP FOLDS.
10. NEVER PULL THIS PAD BY THE SUPPLY CORD.
11. DO NOT USE THE CORD AS A HANDLE.
12. THIS UNIT SHOULD NOT BE USED BY CHILDREN WITHOUT ADULT SUPERVISION.
13. PLACE PAD ON TOP OF AND NOT UNDER THE PART OF THE BODY NEEDING HEAT.
14. USE THIS PAD ONLY ON A 110-120 VOLT AC CIRCUIT. UNPLUG WHEN NOT IN USE.
15. DO NOT TAMPER WITH THIS PAD IN ANY WAY.
16. THERE ARE NO USER-SERVICEABLE PARTS. IF FOR ANY REASON THIS PAD DOES NOT FUNCTION SATISFACTORILY, SEE WARRANTY FOR CONSUMER SERVICE INFORMATION.
17. DO NOT USE THIS PAD WITH LINIMENT, SALVE OR OINTMENT PREPARATIONS, ESPECIALLY ONES THAT CONTAIN HEATPRODUCING INGREDIENTS. SKIN BURNS COULD RESULT.
18. DO NOT BEND OR PINCH CORD AND DO NOT USE IF CORD IS DAMAGED.
19. NEVER LEAVE THE APPLIANCE UNATTENDED, ESPECIALLY IF CHILDREN ARE PRESENT.
20. LOOP CORD LOOSELY WHEN STORING. TIGHT WRAPPING MAY DAMAGE CORD AND INTERNAL PARTS.
21. WHEN NOT IN USE, STORE THE HEATING PAD IN THE ORIGINAL PACKAGING, IN A DARK, COOL, DRY PLACE.
22. SAVE THESE INSTRUCTIONS.



THIS APPLIANCE HAS A POLARIZED PLUG (ONE BLADE IS WIDER THAN THE OTHER). TO REDUCE THE RISK OF ELECTRIC SHOCK, THIS PLUG IS INTENDED TO FIT IN A POLARIZED OUTLET ONLY ONE WAY. IF THE PLUG DOES NOT FIT FULLY IN THE OUTLET, REVERSE THE PLUG. IF IT STILL DOES NOT FIT, CONTACT A QUALIFIED ELECTRICIAN TO INSTALL THE PROPER OUTLET.

DO NOT ATTEMPT TO MODIFY THIS PLUG OR DEFEAT THIS SAFETY FEATURE IN ANY WAY.

### HOW TO USE YOUR HEATING PAD

Make sure Control Connector is securely attached to the Pad Connector (Figure 1). Push both parts together for a tight fit. NOTE: control must be connected to heating pad before plugging unit into outlet.

1. After control is connected to pad, plug into 120V AC electrical outlet. The LCD display lights up and goes out immediately.

This heating pad features RAPID-Heat. With this unique fast-heat technology, you will feel heat in 30

seconds - **for faster pain relief!**

2. To turn the pad on, press the Power Button. The LCD display lights up. The default temperature setting is the Lowest setting (35°C) and the default timer setting is 1h.

3. Press Temp Button to select temperature settings. The setting grid increases one by one each time you press the button. The temperature figure changes accordingly (35-40-45-50-55-60-65-70°C). The pad starts heating immediately when you loose the button. When heated to the temperature of selected setting, it stays at stable status.

4. Press Timer Button to select Auto-Off timing. The default setting is 1:00. The 6 timing sequence is: 1:00-1:30-2:00-00:15-00:30-00:45. When you loose the button, it starts countdown timing automatically by minute.

5. Press Temp Button for 2 to 3 seconds, it switches freely between Celcius and Fahrenheit.

6. If there is no more selection on the settings, the pad will turn into operation status, and reach out equilibrium condition.

7. The pad will shut off automatically when time reaches the selected setting, LCD display goes out as well.

8. **DURING USE, NEVER PLACE THE CONTROLLER UNDER THE PAD.**

9. See additional warnings.

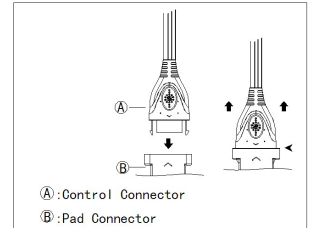


Figure 1

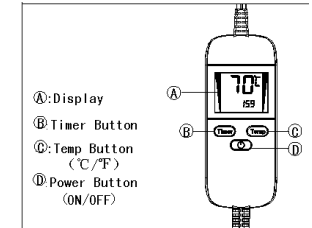


Figure 2

### USING MOIST HEAT THERAPY

In some cases, you may find that moist heat therapy provides more comfort and relief. **When using moist heat therapy, you should protect furniture and clothing from becoming damp.**

1. Dampen either side of the heating pad with water by patting the surface with a wet sponge or cloth or use a spray bottle to apply a fine mist. Do not thoroughly soak pad.
2. Do not spray or dampen the pad connector. (Figure 3)

**DANGER:** Do not immerse the pad or wiring in water or place under running water. Failure to comply may result in product failure and/or personal injury.

**NOTE:** The electrical pad connector must be thoroughly dry before establishing electrical connection.



Figure 3

### AUTO-OFF FEATURE

Your heating pad controller includes a selectable Auto-Off feature. By pressing the Timer Button, you can choose from 6 timer options. The default timer is 1:00. The sequence is: 1:00-1:30-2:00-00:15-00:30-00:45. **NOTE:** After a power outage, the Auto-Off feature automatically resets to the default timer.

### WASHING INSTRUCTIONS

**DO NOT DRY CLEAN! DO NOT BLEACH! DO NOT USE WRINGER FOR DETACHABLE PAD!**

1. Disconnect pad from outlet.
2. Detach Pad Connector from the Control Connector.
3. Wash by hand or as follows in an automatic washer using slow agitation and normal spin speed: *Fill washer with warm water. Add minimum amount of all-purpose detergent, agitate to dissolve, measure heating pad before washing. Add heating pad and soak five minutes. Agitate two minutes. Spin. Fill for cool rinse, agitate one minute then spin. Dry in automatic dryer on high heat, five minutes only, or line dry. Remove damp heating pad from dryer, block to original size, and drape to finish drying. Do not iron your heating pad.*
4. Do not plug in pad and pad connector until they are completely dry.